



WARRINGAH AQUATIC SWIM CLUB

LC QUALIFYING MEET

Sunday 5th October 8:45am - 4:00pm at Warringah Aquatic Centre
(Warm up 8:00am & 30 minute lunch break)

Boys	Girls	Age	Event	QT
1	2	8-12	50m Freestyle	
3	4	13/O	50m Freestyle	
5	6	8-12	50m Breaststroke	
7	8	13/O	50m Breaststroke	
9	10	8-12	50m Butterfly	
11	12	13/O	50m Butterfly	
13	14	8-12	50m Backstroke	
15	16	13/O	50m Backstroke	
17	Mixed	10/O	200m Individual Medley	3:45.00
18	Mixed	10/O	200m Freestyle	3:00.00
19	20	12/U	50m Dash for Cash *	
21	22	13/O	50m Dash for Cash *	
23	24	9-12	100m Breaststroke	
25	26	13/O	100m Breaststroke	
27	28	9-12	100m Butterfly	
29	30	13/O	100m Butterfly	
31	32	9-12	100m Backstroke	
33	34	13/O	100m Backstroke	
35	36	8-12	100m Freestyle	
37	38	13/O	100m Freestyle	

Thank you to our sponsors



ENTRIES

- Enter via Swim Central \$13.50 per event (incl SNSW meet levy)
- Age is at 5th October 2026
- Normal Council pool entry fees applicable
- **Entries close 5:00pm Sun 28 Sept** (or earlier if maximum entries reached)
- **We regret we are not able to offer refunds**
- Fastest eight (from events 1-4) 12/U & 13/O males & females will get to contest the *Dash for Cash events #19-22.
- Top 3 in each event #19-22 win cash

CONTACT

Meet Director Ariel Darley admin@warringahasc.com.au

RULES

- All events are timed finals and will be run fastest to slowest
- SNSW approved meet under SNSW Ltd rules
- Entries accepted from primary members of invited Clubs only
- Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.
- Swimmers' entries are accepted on the basis that a parent or guardian timekeeps, officiates or assists as required to help run the meet
- Backstroke ledges may or may not be used at this meet.
- SAL rules apply for Multi Class (MC) swimmers
- Clubs will be asked to assist with timekeeping & other duties
- Meet program will be available to download from our website
- We reserve the right to vary the program
- Results will be uploaded to Results database and available on our website